

Ellesmere 10km Run

It's flat &
it's fast!

UK:A Measured

new!



Oswestry
Olympians

Sunday, 29th August 2010 at 11am
Race HQ: Lakelands School, Ellesmere, Shropshire

Photo: Moscow Island at dawn by Ian-Andrew via Flickr

Entry Fees: £8 UK:A Registered or £10 Unattached. Cheques payable to: Oswestry Olympians. T-Shirt to all finishers and cash prizes for 1st (£50), 2nd and 3rd Male/Females, plus prizes to usual age group winners. Entries to: Lauren Davies, 57 Hillcrest, Ellesmere Shropshire SY12 0LJ.

Postal Closing Date: 22 Aug 2010. Minimum age is 16 years. Race numbers are not transferrable. Entry fees are not refundable.

Entries will be taken on the day if race limit not reached. Race info and updates will be posted on www.oswestryolympians.co.uk - seniors page. Please take note: This is a 'no ipod/mp3/personal stereo' event. Race is mostly on road, with some flat surfaced trail. Race Director: Paul Davies.

Generously supported by: STAN'S SUPERSTORE, ST MARTINS, BRYN ALLT KENNELS & CATTERY/PET'S PANTRY, THE RED LION, ELLESMERE. Thanks!

Detach here

Surname			First Name		
Date of Birth	Age on Race Day	M or F	Best recent time for distance		
UK:A Club or state Unattached (i.e. not a member of a UK: Athletics Club)			Email address (for race info purposes only)		
Address and Postcode			Contact Phone:		
			T-Shirt Size (please circle your size)		
			S M L XL		
			Leave Blank		

An entry should only be made by individuals who are fit enough to take part in the event and who have no record of health problems that might give rise to problems before, during or after the event. I accept that the organisers are not responsible for any loss or damage to my property and that I run at my own risk. I agree to abide by UK:A laws.

Important: Remember to enclose a 9"x 6" (C5) stamped, self-addressed envelope for your race number. Failure to comply may mean no acknowledgement. Please be aware the Post Office have higher charges for odd sized letters these days!

Signed..... Date.....